

# What's Your Learning Style?

## Tactile/Kinesthetic Learning Style

- Tactile/Kinesthetic learners learn through moving, doing, touching
- The "Do-er"
- Needs to touch, handle, manipulate materials and objects, especially while studying or listening
- Counts on fingers and talks with hands
- Good at drawing designs
- Often doodles while listening, thus processing the information
- Good at sports, mechanics, using appliances and tools
- Often adventurous
- May find it hard to sit still for long periods
- May become distracted by need for activity and exploration

## What is your learning Style?

Take the assessment and find out!

## Tips for Each Learning Style

### Tips for the Tactile/Kinesthetic Learner

Use your hands to learn. Use manipulatives, models, and other objects to help you understand concepts. Use your body to learn. Use gestures, facial expressions, and other body language to help you understand concepts.

### Tips for the Visual Learner

Use visual aids to learn. Use diagrams, maps, and other visual aids to help you understand concepts. Use your eyes to learn. Use your vision to help you understand concepts.

### Tips for the Auditory Learner

Use your ears to learn. Use lectures, discussions, and other auditory aids to help you understand concepts. Use your hearing to help you understand concepts.

### Tips for the Reading/Writing Learner

Use your eyes and hands to learn. Use books, papers, and other reading/writing aids to help you understand concepts. Use your eyes and hands to help you understand concepts.

## Auditory Learning Style

- Auditory learners learn through listening and talking things through
- Prefers directions given orally
- Interprets the underlying meaning of speech through listening to tone of voice, speech, and pitch
- Rarely takes notes or writes things down
- Prefers lectures over reading assignments
- Often repeats what has just been said; talks to self

## Visual Learning Style

- Visual learners learn through seeing
- Readers and observers
- Scans everything; wants to see everything; enjoys visual stimulation
- Enjoys maps, pictures, diagrams, and colors
- Needs to see teacher's body language/facial expression to fully understand
- Does not like listening to lectures
- Daydreams; a word, sound or smell causes recall and mental wandering
- Usually takes detailed notes
- May think in pictures and learn best from visual displays

## Learning Styles

### What is a learning style?

A learning style is a way of learning that is most effective for a particular person. It is a way of learning that is most effective for a particular person.

### What are the four learning styles?

The four learning styles are: Visual, Auditory, Tactile/Kinesthetic, and Reading/Writing.

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**Tip for the Tactile/Kinesthetic learner**  
Use manipulatives like blocks, clay, or pipe cleaners to represent concepts. Use a ruler to measure and compare lengths. Use a stopwatch to time activities.

**Tip for the Auditory learner**  
Record lectures or discussions. Use a voice recorder or a friend to take notes. Use a timer to keep track of time.

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## What is a learning style?

A learning style is a person's preferred method of learning.

## How does learning style affect the way we learn?

Learning style affects the way we learn by influencing the way we process information.

## Learning Styles

### What is a learning style?

- Different ways to learn
- Everyone learns differently
- It is important to understand the way you learn best

### How many learning styles are there?

- 3
- Visual
  - Auditory
  - Tactile/Kinesthetic (Touch)

# Learning Styles

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# Tips for Each Learning Style

## Tips for the Visual Learner

- Use colors to highlight important things in text
- Make sure you have a clear view of the teacher during class
- Use multi-media, like computers or videos
- Make charts, graphs, and tables in your notes
- When memorizing material, write it over and over
- Study in a quiet place away from verbal disturbances
- Participate actively in class- this will help you stay awake and focused!

## Tips for the Auditory Learner

- Participate in class discussions and debates
- Read text outloud
- Make presentations
- Discuss your ideas verbally or with a small group
- Use verbal analogies
- Recite information over and over to help memorization
- Create musical jingles or mnemonics to help study

## Tips for the Tactile/Kinesthetic Learner

- Take frequent study breaks and try different studying activities
- Use bright colors to highlight reading material
- Play music in the background while studying
- Make studying more physical: use a stress ball, read while doing a physical activity
- Create a workspace full of color
- When reading, first skim the chapter to get the main idea, and then go back to read the details
- Have someone proofread your papers

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## Tips

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- Read text
- Make presentations
- Discuss your

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